

Say NO to Wipeouts! (S.NO.W.) A Slip/Trip/Fall (STF) Prevention Program



○ Suggested Year-Round Initiatives

- Coordinated by each school's safety committee.
- View the Say NO to Wipeouts archived webinar;
<https://www.vsbitt.org/rmwwebinars>
- **PROPER FOOTWEAR:** Educate staff on proper footwear for the conditions. Sign-up for discounted footwear through Shoes for Crews;
<https://www.vsbitt.org/slip-resistant-footwear-program>
- **POSTERS:** Multi-line has new *Preventing Slips, Trips, and Falls* posters for you.
- **ICE ALERTS:** Signs in your parking lots which turn blue, to look like a snowflake, when the temperature hits 32 degrees, reminding people to be careful due to snow and icy conditions.
- **SNOW/ICE TRACTION DEVICES:** Purchase them for each staff member through Shoes for Crews. Use the VSBIT Multi-Line safety grant to pay for them. Would your Union help out with the cost? Educate them on proper use, such as removing them upon entering the building.
- **STOMP:** Upon entering the school building, stomp the snow and water off your boots. Better yet, take your boots off and put your indoor shoes on.
- **WEATHER REPORT:** If a storm is brewing for the next day, post a weather report encouraging staff to get an earlier start in the morning and to wearing proper footwear.
- **PARKING LOT HELPER:** Take turns being a parking lot helper. During snowy and/or icy conditions, have helpers in the parking lot to assist those in need. Encourage staff to wear proper footwear and/or their traction devices.
- **WET FLOOR SIGNS:** Have plenty of signs available to place in wet floor areas. If you notice a wet area, notify Facilities Staff, or place a sign there yourself.
- **TAKE 5/STAY ALIVE!** Look around you for 5 seconds before moving, always. It's a good habit.
- **BACKPACK:** Instead of carrying items in your hands, use a backpack or travel bag and roll your materials.
- **IT CAN WAIT!** Put your phone away and pay attention to walking, not talking on your phone.
- **PRIZES:** Hold a monthly drawing. Co-workers can nominate co-workers for above initiatives to stay safe. Recognize these folks (monthly gathering, bulletin board, e-newsletter, etc).
- **WARM-UPS:** Warm-up properly before assisting children on the playground and at gym. See PATH wellness resources.
- **ATTESTATION:** For individual commitments.